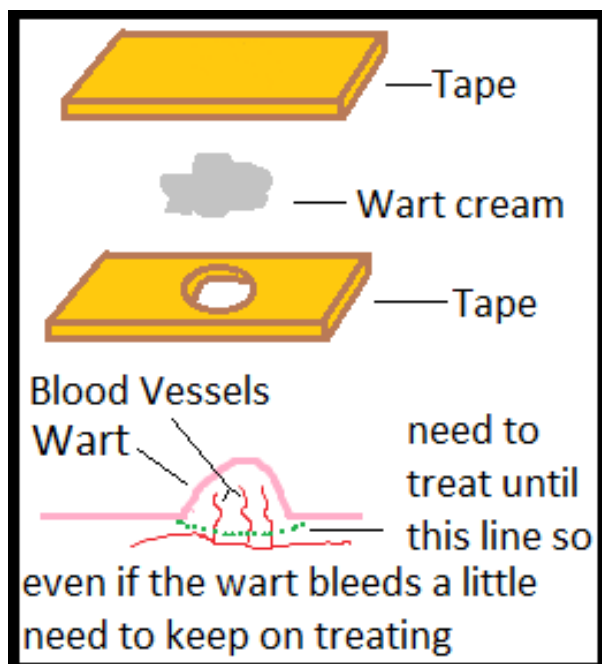


PLANTAR WART TREATMENT PLAN

Using 60% salicylic acid 40% sorbelene (custom script)

PROTECT HEALTHY SKIN FROM THIS QUADRUPLE STRENGTH CREAM

Rigid Strapping Tape (e.g. Elastoplast) with a hole about 1mm clear of wart margins OR Clear nail polish around the wart



KILL THE WART

Paint over wart
Cover the wart a layer of tape to stop the cream rubbing off

Leave on for 24 hours - after shower remove tape and file back with nail file / emery board

Repeat process every day – continue for a few weeks after wart falls off (can take up to two months in extra stubborn cases i.e. my mother-in-law!)

If not making any progress review at two weeks

If it appears a wart which had fallen off is growing back restart treatment and book in for consideration of cryotherapy/other options right away whilst wart is small